



**DIRECTORATE OF PHYSICAL EDUCATION**  
**(M.P.Ed) UNIVERSITY OF KASHMIR**  
**(NAAC ACCREDITED GRADE "A+")**  
**HAZRATBAL SRINAGAR, KASHMIR- 190006**

**NOTICE**

It is notified for those students of PG 1st Semester Batch 2020 who have opted courses in the Directorate of Physical Education and Sports shall be required to submit assignment by or before 15th May, 2021 followed by online viva-voce. The assignment may be hand written or typed as per the convince of the students shall be mailed to given email address. The topic for assignment and email address is given for every course.

Course :-PED200010E-**Health & Fitness**

Concerned teacher **Dr. Surjeet Singh ( surjeet@uok.edu.ac.in)**

S.No	Enrollment no	Reg no	Name	Topic for Assignments
1	17037111024	377-Bs-2017	Babra Javid Mir	<b>Posture , posture deformities of lower extremities and corrective exercise for the correction of those deformities</b>
2	17037111030	381-Bs-2017	Nayem Mushtaq Shahdhar	
3	17037111052	23806-G-2017	Atif Maqbool Pandit	
4	20011139063	42750-Sp-2016	Farhat Mushtaq	
5	20014117007	33498-Aw-2016	Mehvish Mehraj	
6	20014117009	7481-Bjb-2016	Saieka Jan	
7	20014117025	71099-W-2016	Ghameerah Shafqat	
8	20014117033	71245-W-2016	Beenish Shabir Jeelani	



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9	20014117054	70362-W-2016	Zehra Shaheen Mattoo	<b>Components of physical fitness and methods for their development</b>
10	20014117068	31225-Nw-2016	Bazila	
11	20014117073	7480-Bjb-2016	Midhat Mubeen	
12	20023118015	29082-Aw-2013	Libnee Altaf	
13	20023118017	4665-Dra-2016	Syed Inabia Bukhari	
14	20023118018	5223-Bpb-2015	Tanzeela Bashir	
15	20023118023	28942-Aw-2013	Tasneema Jan	
16	20023118027	31547-Nw-2016	Tehleela Nazir	
17	20023118040	15055-Sc-2016	Asra Nisar	
18	20023118042	34636-Pc-2016	Uzrat Majeed	
19	20035111011	16440114	Sameena Parvaiz	<b>Health related problems / diseases caused due to inactivity and management of these problems/ diseases.</b>
20	20035111021	29620-Sj-2016	Faisal Yaqoob Baba	
21	20036111006	569-Iitm-2015	Faizan Amin	
22	20036111041	440124-Ic-16	Gazala Ahad	
23	20038123014	33041-Pc-2016	Abuzer Sidiq	
24	20038123071	12166-Bw-2015	Autiqa Hamid Lone	
25	20038123082	1541-Sg-2016	Naveed Un Nisa	
26	20049110004	18908-Kc-2016	Madiha Masoodi	
27	20049110005	32612-Aw-2015	Insha Quadri	
28	20049110007	4161-Bud-2015	Momina Farooq	
29	20049110008	66525-W-2014	Hadiya Reyaz	
30	20049110012	5212-Bpb-2015	Sabreena Rahim	
31	20049110015	110010-Ic-16	Muneem Nazir Bhat	<b>Agencies providing health related</b>
32	20049110020	68922-W-2015	Romana Jan	



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33	20049110021	29890-Sj-2016	Asmatjan	<b>programs and agencies providing health related programs</b>
34	20049110023	68919-W-2015	Nowsheen Zehra	
35	20049110024	5164-Bpb-2015	Fiasal Jameel Wani	
36	20051110009	70421_W_2016	Tiyaba Rehman	
37	20057119001	16-Mim-337	Aadil Bashir	
38	20057119006	110209-Ic-16	Fiza Farooq	
39	20057119007	15098-Kul-2015	Hameem Yousuf	
40	20057119011	43784-Sp-2016	Khan Shabnam	<b>Characteristics of good Posture , posture deformities of spine and corrective exercise for the correction of those deformities</b>
41	20057119012	70562-W-2016	Khushboo Mushtaq	
42	20073118084	33579-Aw-2016	Rawnaq Nabi	
43	20074118027	4487-Dra-2016	Jahan Ara Hassan	
44	20074118084	76453-Ang-2015	Idrees Ahmad Dar	
45	20079118007	70181-W-2016	Arsheena Manzoor	
46	20079118025	70176-W-2016	Aimen Jan	
47	20079118027	1960-Uri-2016	Shazia Hafeez	
48	20079118037	70299-W-2016	Kaneez Fatima	
49	20081118027	57813w2010	Hafsa	
50	20096118004	63343-W-2013	Harmeet Kour	
51	20096118014	55904-W-2009	Gagan Deep Kour	



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**Course :-Sports Coaching**  
**Dr Zahoor Ahmad ( haqzahoorbhat@gmail.com)**

S.No	Enrollment no	Regno	Name	Topic of assignment
1	20091123020	38001-Sp-2012	Ishfaq Rashid Sheikh	Already given by concerned teacher
2	20091123002	779-Bpe-2017	Aamir Nisar	
3	20091123007	26869-Pc-2013	Amir Mushtaq	
4	20091123005	27871-Pc-2013	Adil Ahmad Lone	
5	20091123018	2239-Bud-2012	Umar Ashraf Malik	
6	20091123010	69197-Ang-2012	Sayar Ahmad Ganie	
7	20091123008	45696-Ang-2004	Showkat Ahmad Eitoo	
8	20091123013	38107-Ang-2001	Aushaq Hussain Wani	
9	20091123009	12041-Ic-95	Baba Imtiyaz	
10	20091123017	11585-Kul-2013	Jawhar Fatima	
11	20091123014	27370-Pc-2013	Sumeera Manzoor	
12	20091123001	12280-Kul-2014	Fancy Ashaq	
13	20091123016	28231-Ic-2010	Rayees Ahmad Lone	
14	20091123004	9462-Gbl-2013	Mohammad Muskan Bhat	
15	20091123015	0943327	Masood Aziz Shangroo	
16	20091123012	48085-S-2013	Nizam U Din Mir	
17	20091123019	2337-Bru-2011	Veqar Mudasir Magray	



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18	20091123003	1290-Sum-2014	Fida Hussain Rather	
19	20091123011	19774-Bc-2007	Irshad Majeed Lone	
20	20091123021	A7/7792	Taraq Hussain Shah	
21	20091123006	14100-G-2004	Muzaffer Gull	
22	20091123024	11947-Hd-2013	Farooz Ahmad Lone	
23	20091123025	37542-Sp-2012	Mir Suhail Salam	
24	20091123023	11418-Sp-93	Ab Hamid Lone	
25	20091123026	10766-Sj-95	Naseer Ahmad Lone	
26	20091123022	3137-Pc-2001	Reyaz Ahmed Wanie	

Sd/-  
Dr.Surjeet Singh  
Coordinator (M.P.Ed)  
Phy. Edu. & Sports