



DIRECTORATE OF PHYSICAL EDUCATION & SPORTS
UNIVERSITY OF KASHMIR
(NAAC ACCREDITED GRADE "A+")
HAZRATBAL SRINAGAR, KASHMIR- 190006
Email:- directorsports@uok.edu.in

No.F(I/C-Pencak-Silat-DPE&S)KU/24

Dated:- 19-08-2024

The Principals,
Government Affiliated Colleges,
Kashmir.



Sub:- Annual Inter-College Pencak Silat Championship for Men and Women 2024.

Sir / Madam,

The Annual Inter-College Pencak Silat Championship for Men and Women 2024 shall commence from 4th to 5th September 2024 at main campus of University of Kashmir. You are hereby invited to participate in the event by sending nomination of the students before 02nd September 2024 (01 Male & 01 Female in each weight category). Furthermore, the Physical Director/Teacher In-charge sports should accompany the Pencak Silat teams to the venue with proper pencak silat uniforms.

The list of weight categories is attached herewith.

Thanks & regards,



Director
19/08
 Physical Education & Sports

Copy to the:-

- Nodal Principal, Amar Singh College, Srinagar with the request to circulate among all affiliated colleges of university;
- S.S to the Hon'ble Vice-Chancellor for kind information of the Hon'ble Vice-Chancellor;
- P.S. to Registrar for kind information of the Registrar;
- In-charge officer, Health Centre, UOK with the request to depute medical team along with first aid on event days.
- Storekeeper/Head Groundsman/Physiotherapist for information and necessary action;
- File.

MATCH (TANDING) CATEGORY		
Category (Weight Class)	Male	Female
U45	45kg & below	45kg & below
A	45 - 50kg	45 - 50kg
B	50 - 55kg	50 - 55kg
C	55 - 60kg	55 - 60kg
D	60 - 65kg	60 - 65kg
E	65 - 70kg	65 - 70kg
F	70 - 75kg	70 - 75kg
G	75 - 80kg	75 - 80kg
H	80 - 85kg	80 - 85kg
I	85 - 90kg	
J	90 - 95kg	
Open 1	95 - 110kg	85 - 100kg
Open 2	110kg & above	100kg & above

ARTISTIC (SENI) CATEGORY	
Male	Female
Single (Tunggal - 1 person)	Single (Tunggal - 1 person)
Double (Ganda 2 - person)	Double (Ganda - 2 person)
Team (Regu - 3 person)	Team (Regu - 3 person)
Solo Creative (1 person)	Solo Creative (1 person)


 Director
 Physical Education & Sports