



DIRECTORATE OF PHYSICAL EDUCATION & SPORTS

UNIVERSITY OF KASHMIR

(NAAC ACCREDITED GRADE "A+")

HAZRATBAL SRINAGAR, KASHMIR- 190006

Email:directorsports@uok.edu.in

No.F(Meeting-SC-DPES)KU/24

Dated:-02-04-2024

**All Heads / Directors /Coordinators,
Departments / Campuses / Centres
University of Kashmir,
Srinagar.**

Sir/Madam,

The Directorate of Physical Education & Sports has taken a serious note on maximizing the participation of students in upcoming Inter Department Tournaments. The Directorate is focusing to search the talent of the students for participation in upcoming Inter College/All India/North Zone Inter University tournaments.

As Heads/Directors/Coordinators are the main stakeholders of these activities and your support is highly solicited to promote sports culture in the campus. In this regard, a meeting of Sports Coordinators has been scheduled on 04-04-2024 at 11:00AM in the office chamber of undersigned for having your suggestion and feedbacks for promotion and development of sports infrastructure in University Campus. Hon'ble Vice Chancellor shall be apprised about this meeting. Moreover, copy of Annual Sports Calendar of Inter Department is attached herewith.

Your cooperation will be highly appreciated.

Thanks and regards,

Mandeep Nathyal
Director
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Copy to the:-

- All Heads/Directors/Coordinator of various Departments/ Campuses/Centers of the University of Kashmir for information and necessary action.
- S.S to Hon'ble Vice-Chancellor for kind information of the Hon'ble Vice-Chancellor;
- P.S. to Registrar for information of the Registrar;
- Chief Proctor for information & intimate that ground will remain occupied on Saturdays and Sundays also.
- All officials of the Directorate for information & compliance.
- File.



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Annual Sports Calendar for Inter Department Tournament for the session 2024-25

S.No.	Game	Probabale Date for Inter-Deptt. Tournament For the session 2024-25	Venue	Incharge
1.	CRICKET (M)	22nd April 2024	University Campus	Sakeena/Amjad
2.	VOLLEYBALL (M/W)	25th April 2024	University Campus	Muneer Aalam
3.	TABLE TENNIS (M/W)	29th April 2024	University Campus	Surjeet Kour
4.	ROAD RACE (M/W)	01st May 2024	University Campus	Dr. Nadeem Ah Dar
5.	CYCLE RACE (M/W)	02nd May 2024	University Campus	Dr. Surjeet Singh/ Dr. Nadeem Ah Dar
6.	JUDO (M&W)	06th May 2024	University Campus	Surjeet Kour
7.	ATHLETICS MEET (M&W)	07th to 09th May 2024	University Campus	Dr. Harbinder Singh
8.	FOOTBALL (M)	08th May 2024	University Campus	Sajid Yousuf Dar
9.	BADMINTON (M/W)	10th May 2024	University Campus	Surjeet Kour
10.	KHO-KHO (M/W)	13th May 2024	University Campus	Surjeet Kour
11.	KABBADI (M)	13th May 2024	University Campus	Dr. Nadeem Ah Dar
12.	CRICKET (W)	16th May 2024	University Campus	Sakeena/Amjad
13.	HOCKEY (M/W)	20th May 2024	University Campus	Dr. Harbinder Singh
14.	SWIMMING (M&W)	27th May 2024	Bisco School/ Nigeen Club	Sheikh Adil
15.	BASKET BALL (M/W)	28th May 2024	University Campus	Dr. Nadeem Ah Dar
16.	HANDBALL (M/W)	30th May 2024	University Campus	Dr. Harbinder Singh

17.	WUSHU (M/W)	3rd June 2024	University Campus	Dr. Nadeem Ah Dar/Sajid Yousuf
18.	CHESS(M&W)	04th June 2024	University Campus	Amjad Qadir
19.	CARRAM(M& W)	06th June 2024	University Campus	Sakeen Akhter
20.	TAEKWANDO (M/W)	10th June 2024	University Campus	Dr. Nadeem Ah Dar/Amjad Qadir
21.	YOGA	21st June 2024	University Campus	Dr. Harbinder/ Sheikh Adil/ Surjeet Kour
22.	PENCAK SILAT (M/W)	25th June 2024	University Campus	Sheikh Adil/ Surjeet Kour
23.	E. SPORTS (M/W)	25th June 2024	University Campus	Surjeet Kour
24.	BASEBALL (M/W)	02nd July 2024	University Campus	Dr. Harbinder Singh
25.	RAFTING (M/W)	23rd July 2024	University Campus	Sajid Yousuf Dar/ Muneer Aalam
26.	EQUESTRAIN SPORTS	06th Aug 2024		Muneer Aalam
27.	KAYAKING / CANOEING (M&W)	3rd Sept 2024	University Campus	Sheikh Adil
28.	SOFT BALL (M/W)	06th Oct 2024	University Campus	Dr. Surjeet Singh
29.	ARCHERY (M/W)	09th Oct 2024	University Campus	Amjad Qadir
30.	FENCING	16th to 18th Oct 2024	University Campus	Dr. Nadeem/ Sajid Yousuf Dar
31.	SHOOTING	14th Oct 2024	University Campus	Dr. Harbinder Singh
32.	WEIGHT LIFTING	12th to 13th Nov 2024	University Campus	Sheikh Adil
33.	BEST PHYSIQUE (M)	11th Nov 2024	University Campus	Sheikh Adil

Other Programmes to be conducted by the Directorate

1.	Workshop on Track marking	21st to 23rd May 2024	University Campus	Dr. Surjeet Singh
2.	International Seminar on Yoga	19th to 21st June 2024	University Campus	Sakeena/Amjad/Dr. Iftikar Ahmad
3.	One day Workshop on Physiothepray	09th July 2024	University Campus	Inam ul Haq

4.	Mountaineering Course/Workshop	10th -16th July 2024	University Campus	Dr. Nadeem Ah Dar/Surjeet Kour
5.	Nutrition Dired Workshop	3rd -4th Aug 2024	University Campus	Dr. Surjeet Singh
6.	Gym Instructuion Programme	20th & 21st Aug 2024	University Campus	Sheikh Adil
7.	Workshop Health & Fitness	27th & 28th Aug 2024	University Campus	Sheikh Adil
8.	National Sports Day	29th Aug 2024	University Campus	Sheikh Adil
9.	World Physiotherapy Day	09th Sept 2024	University Campus	Inam ul Haq
10.	Counseling sessions on various issues by leading psychiatrist's & renowned doctors	11th Sept 2024	University Campus	Sheikh Adil
11.	Trekking Programme (Men/Women)	13th -21st Sept 2024	To be decided	Muneer Aalam
12.	Snow Trekking Programme (Men/Women)	02-Feb 2025	Gulmarg	Dr. Surjeet Singh/ Muneer Aalam
13.	Snow Skiing	25th Feb 2025	Gulmarg	Dr. Surjeet Singh/ Dr. Nadeem Ah Dar/Surjeet Kour
14.	Workshop on Women Tried		University Campus	Inam ul Haq/Dr. Iftikar Ahmad

Mandeep Nathyal
 Director