



**DIRECTORATE OF PHYSICAL EDUCATION & SPORTS**  
**UNIVERSITY OF KASHMIR**  
**(NAAC ACCREDITED GRADE "A+")**  
**HAZRATBAL SRINAGAR, KASHMIR- 190006**  
**Email:- directorsports@uok.edu.in**

No.F(I/C-Pencak-Silat-DPE&S)KU/22

Dated:- 01-11-2022

**The Principals,  
Government Affiliated Colleges,  
Kashmir.**

**Sub:- Annual Inter-College Pencak Silat Championship for Men and Women2022.**

Sir / Madam,

The Annual Inter-College Pencak Silat Championship for Men and Women shall commence from 16<sup>th</sup> to 18<sup>th</sup> November 2022 at main campus of University of Kashmir. You are hereby invited to participate in the event by sending nomination of the students before 14<sup>th</sup> November 2022 (02 Males & 02 Females in each weight category). Furthermore, the Physical Director/Teacher In-charge sports should accompany the Pencak Silat teams to the venue.

The list of weight categories is attached herewith.

Thanks & regards,

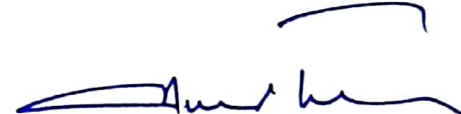
**Coordinator  
Physical Education & Sports**

**Copy to the:-**

- Nodal Principal, S.P College, Srinagar with the request to circulate among all affiliated colleges of university;
- S.S to the Hon'ble Vice-Chancellor for kind information of the Hon'ble Vice-Chancellor;
- P.S. to Registrar for kind information of the Registrar;
- In-charge officer, Health Centre, UOK with the request to depute medical team along with first aid on event days.
- Storekeeper/Head Groundsman/Physiotherapist for information and necessary action;
- File.

MATCH (TANDING) CATEGORY		
Category (Weight Class)	Male	Female
U45	45kg & below	45kg & below
A	45 - 50kg	45 - 50kg
B	50 - 55kg	50 - 55kg
C	55 - 60kg	55 - 60kg
D	60 - 65kg	60 - 65kg
E	65 - 70kg	65 - 70kg
F	70 - 75kg	70 - 75kg
G	75 - 80kg	75 - 80kg
H	80 - 85kg	80 - 85kg
I	85 - 90kg	
J	90 - 95kg	
Open 1	95 - 110kg	85 - 100kg
Open 2	110kg & above	100kg & above

ARTISTIC (SENI) CATEGORY	
Male	Female
Single (Tunggal - 1 person)	Single (Tunggal - 1 person)
Double (Ganda 2 - person)	Double (Ganda - 2 person)
Team (Regu - 3 person)	Team (Regu - 3 person)
Solo Creative (1 person)	Solo Creative (1 person)

  
**COORDINATOR**  
 Physical Education & Sports  
