



DIRECTORATE OF PHYSICAL EDUCATION & SPORTS
UNIVERSITY OF KASHMIR, HAZRATBAL, SRINAGAR-06.
(NAAC ACCREDITED GRADE A+)



DR. SURJEET SINGH

Director Sports/Secretary Sports/Sports Officers of member/ Universities of Association of Indian Universities.

Subject: - Rescheduling of All India Inter-University Powerlifting (Men & W) Championship 2024-25 at University of Kashmir, Srinagar (April 04 to April 07, 2025)

Sir/Madam,

The Directorate of Physical Education and Sports, University of Kashmir, Hazratbal, Srinagar, welcomes all participating universities to Kashmir, the land of saints and heaven on earth. The Directorate is all geared up to conduct All India Inter-University (Men & Women) Power Lifting Championship under the aegis of AIU for the calendar year 2024-25, w.e.f, April 04 to April 07, 2025 in a grand success manner. The instructions on this account, are hereby, notified for information of all participating Universities for its utmost adherence:

- 1. Reporting of Teams:** All teams must report to the University of Kashmir, Srinagar on April, 03, 2025. Late arrivals, if any, must be notified to the organizing committee in advance.
- 2. Accommodation:** Unfurnished accommodation will be provided at university hostels on a first-come, first-served basis. Teams are required to submit a refundable security deposit amounting to Rs.3000 at check-in. Beddings will be available on rental basis only if participating universities make advance requests.
- 3. Reporting of Teams at Competition Venue:** All teams must report at least 30 minutes before the commencement of their respective competitions/Weight Category at the venue. Participants must be in proper powerlifting gear as per the competition regulations.
- 4. Weather:** The weather in Kashmir during April remains pleasant, with temperature ranging between 10°C and 20°C. Participating Universities are advised to carry warm clothing along with.
- 5. Managers' Meeting:** A mandatory Managers' Meeting will be held on April 03, 2025 at 6:00 pm. The meeting will cover rules, schedules, and other important event details.
- 6. Rules:** The championship will follow International Power lifting Federation (IPF) and as adopted by Association of Indian Universities (AIU) regulations. Weight categories and lifting techniques will adhere to standard powerlifting norms.
- 7. Organizing Committee Rights:** The Organizing Committee reserves the right to modify the schedule, venue, if necessary. The decisions of the organizing authorities will be final and binding. Any dispute will be resolved by the jury and technical committee.
- 8. Discipline:** Participants must maintain discipline and decorum on campus and during the championship. Any misconduct, violence, or violations will result in strict disciplinary action, including disqualification.
- 9. Officiating:** Qualified referees and officials appointed by organizing committee will oversee the event. Decisions made by referees and the technical jury will be final and cannot be challenged in any court of law.



DIRECTORATE OF PHYSICAL EDUCATION & SPORTS
UNIVERSITY OF KASHMIR, HAZRATBAL, SRINAGAR-06.
(NAAC ACCREDITED GRADE A+)



DR. SURJEET SINGH

10. Officiating Fee: The Participating Universities shall have to pay an amount of Rs.2000 per team on account of officiating charges prior to commencement of competition.

11. University Flag: Each university must bring their official university flag for the inaugural and closing ceremonies.

12. Eligibility Proforma in Dadriplets: Eligibility details must be submitted using the AIU-prescribed Dadriplets format. The list should be verified and signed by the concerned university authorities.

13. Identity Cards of Players: All players must carry their University ID cards and Aadhar cards for verification. Players without proper identification will not be allowed to compete.

14. Liquor and Smoking-Free Campus: The University of Kashmir is a strictly liquor and smoking-free campus. Any violation in this regard will lead to immediate disqualification and disciplinary action.

15. Last Date for Detailed Entries: The last date for receipt of detailed entries was February 26, 2025, and university of Kashmir has stopped entertaining further entries on this account

16. Transportation: Transport facility will be provided to participating universities for ferrying their teams from place of accommodation to venue of the tournament. This facility is subject to deposition of required bus fare by the respective teams prior to boarding the University bus.

17. Accommodation: For accommodation assistance, teams may contact following officials:

i. SajidYousuf (Football Coach) **7006372727**

ii.Sakeena Akhter (Cricket Coach) **9419091010**

18. How to Reach the University of Kashmir, Hazratbal, Srinagar.

By Air: The nearest airport is Sheikh UI-Alam International Airport, Srinagar (SXR), approximately 25 km from the university.Regular flights operate from major cities like Delhi, Mumbai, Bangalore, and Chandigarh. From the airport, participants can hire taxis, cabs, or auto-rickshaws to reach the university.

By Train:The nearest railway station is Jammu Tawi Railway Station, located 270 km from Srinagar. From Jammu, participants can take a bus or taxi to Srinagar. The journey takes approximately 6-7 hours via NH44.

By Road: Srinagar is well-connected by road via NH44.Regular JKSRTC buses, taxis, and private cabs operate from Jammu, Delhi, and other nearby cities.Deluxe and Volvo buses are also available from Jammu, Chandigarh, and Delhi.

How to Reach University of Kashmir from Dal Gate/TRC, Srinagar

Distance: The distance from Dal Gate/TRC is approximately 8 kms and takes around 15-20 minutes to University of Kashmir, Hazratbal, Srinagar Taxi, cab, auto-rickshaw, and public



DIRECTORATE OF PHYSICAL EDUCATION & SPORTS
UNIVERSITY OF KASHMIR, HAZRATBAL, SRINAGAR-06.
(NAAC ACCREDITED GRADE A+)



DR. SURJEET SINGH

buses are readily available from Dal Gate Taxi Stand and frequently operate on the Dal Gate-Hazratbal route.

19. Google form Submission: All participating universities must submit their details via the Google Form by scanning the QR code below: <https://forms.gle/JENNXIjM3PqfW5aC6>



20. Food :- University can arrange meals to participants on subsidized rates only if participating universities make advance requests.


 Director

Copy to

- ✓ Dr. Baljeet Singh Sekhon Joint Secretary Association of India Universities
- ✓ Dean Academic Affairs /Dean Research/Dean College Development Council/ DSW/University of Kashmir
- ✓ All Head/ Directors/ Coordinators/Incharges of Various Campuses/ Departments / Research Centers/ Institutes
- ✓ Chief Proctor University of Kashmir
- ✓ SS to HVC for kind information of the HVC
- ✓ PA to Registrar university of Kashmir