



DIRECTORATE OF PHYSICAL EDUCATION & SPORTS
UNIVERSITY OF KASHMIR
NAAC ACCREDITED GRADE "A+"
HAZRATBAL SRINAGAR, KASHMIR - 190006

Email: directorsports@uok.edu.in

Annual Sports Calendar for Inter Department Tournament for the session 2024-25

S.No.	Game	Probable Date for Inter-Deptt. Tournament For the session 2024-25	Venue
1.	CRICKET (M)	22nd April 2024	University Campus
2.	VOLLEYBALL (M/W)	29th April 2024	University Campus
3.	TABLE TENNIS (M/W)	29th April 2024	University Campus
4.	ROAD RACE (M/W)	01st May 2024	University Campus
5.	CYCLE RACE (M/W)	02nd May 2024	University Campus
6.	JUDO (M&W)	06th May 2024	University Campus
7.	ATHLETICS MEET (M&W)	07th to 09th May 2024	University Campus
8.	FOOTBALL (M)	08th May 2024	University Campus
9.	BADMINTON (M/W)	10th May 2024	University Campus
10.	KHO-KHO (M/W)	13th May 2024	University Campus
11.	KABBADI (M)	13th May 2024	University Campus
12.	CRICKET (W)	16th May 2024	University Campus
13.	HOCKEY (M/W)	20th May 2024	University Campus
14.	SWIMMING (M&W)	27th May 2024	Bisco School/ Nigeen Club
15.	BASKET BALL (M/W)	28th May 2024	University Campus
16.	HANDBALL (M/W)	30th May 2024	University Campus

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17.	WUSHU (M/W)	3rd June 2024	University Campus
18.	CHESS(M&W)	04th June 2024	University Campus
19.	CARRAM(M& W)	06th June 2024	University Campus
20.	TAEKWANDO (M/W)	10th June 2024	University Campus
21.	YOGA	21st June 2024	University Campus
22.	PENCAK SILAT (M/W)	25th June 2024	University Campus
23.	E. SPORTS (M/W)	25th June 2024	University Campus
24.	BASEBALL (M/W)	02nd July 2024	University Campus
25.	RAFTING (M/W)	23rd July 2024	University Campus
26.	EQUESTRAIN SPORTS	06th Aug 2024	To be decided
27.	KAYAKING / CANOEING (M&W)	3rd Sept 2024	University Campus
28.	SOFT BALL (M/W)	06th Oct 2024	University Campus
29.	ARCHERY (M/W)	09th Oct 2024	University Campus
30.	FENCING	16th to 18th Oct 2024	University Campus
31.	SHOOTING	14th Oct 2024	University Campus
32.	WEIGHT LIFTING	12th to 13th Nov 2024	University Campus
33.	BEST PHYSIQUE (M)	11th Nov 2024	University Campus
34.	QWAN KI DO (M/W)	4th Dec 2024	University Campus

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Other Programmes to be conducted by the Directorate

1.	Workshop on Track marking	21st to 23rd May 2024	University Campus
2.	International Seminar on Yoga	19th to 21st June 2024	University Campus

3.	One day Workshop on Physiotherapy	09th July 2024	University Campus
4.	Mountaineering Course/Workshop	10th -16th July 2024	University Campus
5.	Nutrition Diet Workshop	3rd -4th Aug 2024	University Campus
6.	Gym Instructuion Programme	20th & 21st Aug 2024	University Campus
7.	Workshop Health & Fitness	27th & 28th Aug 2024	University Campus
8.	National Sports Day	29th Aug 2024	University Campus
9.	World Physiotherapy Day	09th Sept 2024	University Campus
10.	Counseling sessions on various issues by leading psychiatrist's & renowned doctors	11th Sept 2024	University Campus
11.	Trekking Programme (Men/Women)	13th -21st Sept 2024	To be decided
12.	Snow Trekking Programme (Men/Women)	02-Feb 2025	Gulmarg
13.	Snow Skiing	25th Feb 2025	Gulmarg
14.	Workshop on Women Triad		University Campus

Mandeep Nathyal
 Director