



DIRECTORATE OF PHYSICAL EDUCATION & SPORTS
UNIVERSITY OF KASHMIR
NAAC ACCREDITED GRADE "A+"
HAZRATBAL SRINAGAR, KASHMIR - 190006
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Annual Sports Calendar for Inter College Tournament for the session 2024-25

S.No.	Game	Probabale Date for Inter-College Tournament for the session 2024-25	Venue
1.	ATHLETICS MEET (M&W)	07th to 09th May 2024	University Campus
2.	ROAD RACE (M/W)	14th to 16th May 2024	Grand Lalit palace to Rumi Gate/(Men) Nehru Park to Rumi Gate(Women)
3.	CYCLE RACE (M/W)	21st to 22nd May 2024	UNO to Rumi Gate via Grand Lalit (Men) Nishat Gate to Rumi Gate (Women)
4.	JUDO (M&W)	27th to 29th May 2024	University Campus
5.	TABLE TENNIS (M/W)	05th June 2024	University Campus
6.	HOCKEY (M/W)	10th June 2024	University Campus
7.	YOGA	21st June 2024	University Campus
8.	FOOTBALL (M)	02nd July 2024	University Campus
9.	VOLLEYBALL (M/W)	03rd July 2024	University Campus
10.	CRICKET (M)	10th July 2024	University Campus
11.	BADMINTON (M/W)	12th July 2024	Govt Women College Nawakadal/ GDC Pampore
12.	KABBADI (M)	23rd July 2024	GDC Kulgam/ University Campus
13.	SWIMMING (M&W)	29th to 31st July 2024	Bisco School/ Nigeen Club
14.	CRICKET (W)	Followed by Cricket Men	University Campus
15.	WUSHU (M/W)	05th to 07th Aug 2024	University Campus
16.	BASKET BALL (M/W)	19th Aug 2024	University Campus


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17.	HANDBALL (M/W)	20th Aug 2024	University Campus
18.	RAFTING (M/W)	27th to 28th Aug 2024	University Campus
19.	KAYAKING / CANOEING (M&W)	3rd Sept 2024	University Campus
20.	KHO-KHO (M/W)	04th Sept 2024	University Campus
21.	CHESS(M&W)	09th Sept 2024	University Campus
22.	CARRAM(M& W)	17th Sept 2024	University Campus
23.	PENCAK SILAT (M/W)	3rd Oct 2024	University Campus
24.	SOFTBALL (M/W)	06th Oct 2024	University Campus
25.	TAEKWANDO (M/W)	08th Oct 2024	University Campus
26.	ARCHERY (M/W)	09th Oct 2024	University Campus
27.	SHOOTING	14th Oct 2024	University Campus
28.	FENCING	16th to 18th Oct 2024	University Campus
29.	BASEBALL (M/W)	04th Nov 2024	University Campus
30.	BEST PHYSIQUE (M)	11th Nov 2024	University Campus
31.	WEIGHT LIFTING	12th to 13th Nov 2024	University Campus
32.	EQUESTRAIN SPORTS	23rd Oct 2024	University Campus
33.	E. SPORTS (M/W)	19th Nov 2024	University Campus
34.	QWAN KI DO (M/W)	4th Dec 2024	University Campus

Other Programmes to be conducted by the Directorate

1.	Workshop on Track marking	21st to 23rd May 2024	University Campus
2.	International Seminar on Yoga	19th to 21st June 2024	University Campus
3.	One day Workshop on Physiotherapy	09th July 2024	University Campus

4.	Mountaineering Course/Workshop	10th -16th July 2024	University Campus
5.	Nutrition Diet Workshop	3rd -4th Aug 2024	University Campus
6.	Gym Instructuion Programme	20th & 21st Aug 2024	University Campus
7.	Workshop Health & Fitness	27th & 28th Aug 2024	University Campus
8.	National Sports Day	29th Aug 2024	University Campus
9.	World Physiotherapy Day	09th Sept 2024	University Campus
10.	Counseling sessions on various issues by leading psychiatrist's & renowned doctors	11th Sept 2024	University Campus
11.	Trekking Programme (Men/Women)	13th -21st Sept 2024	To be decided
12.	Snow Trekking Programme (Men/Women)	02-Feb 2025	Gulmarg
13.	Snow Skiing	25th Feb 2025	Gulmarg
14.	Workshop on Women Triad		University Campus


 Director