



DIRECTORATE OF PHYSICAL EDUCATION & SPORTS  
UNIVERSITY OF KASHMIR  
NAAC ACCREDITED GRADE "A+"  
HAZRATBAL SRINAGAR, KASHMIR - 190006  
Email: [directorsports@uok.edu.in](mailto:directorsports@uok.edu.in)

**Annual Sports Calendar for Inter College Tournaments for Calendar 2025-26**

S.No.	Game	Probable Date for Inter-College Tournament for the session 2025-26	Venue
1.	CHESS(M&W)	2 <sup>nd</sup> Week of March 2025	University Campus
2.	CARROM(M& W)	2 <sup>nd</sup> Week of March 2025	University Campus
3.	TABLE TENNIS (M/W)	2 <sup>nd</sup> Week of March 2025	University Campus
4.	ATHLETIC MEET (M&W) & FORMAL INAUGURATION OF INTER COLLEGIATE TOURNAMENTS FOR THE SESSION 2025-26	3 <sup>rd</sup> Week of April 2025	University Campus
5.	ROAD RACE (M/W)	2 <sup>nd</sup> Week of April 2025	Grand Lalit palace to Rumi Gate/(Men) Nehru Park to Rumi Gate(Women)
6.	CYCLE RACE (M/W)	Last Week of April 2025	UNO to Rumi Gate via Grand Lalit (Men) Nishat Gate to Rumi Gate (Women)
7.	HOCKEY (M/W)	1 <sup>st</sup> Week of May 2025	University Campus
8.	FOOTBALL (M)	2 <sup>nd</sup> Week of May 2025	University Campus
9.	VOLLEYBALL (M/W)	3 <sup>rd</sup> Week of May 2025	University Campus
10.	CRICKET (M)	1 <sup>st</sup> Week of June 2025	University Campus
11.	BADMINTON (M/W)	3 <sup>rd</sup> Week of June 2025	GCOPE Ganderbal
12.	KABBADI (M)	1 <sup>st</sup> week of July 2025	University Campus
13.	SWIMMING (M&W)	2 <sup>nd</sup> week of July 2025	Nigeen Club
14.	CRICKET (W)	3 <sup>rd</sup> Week of July 2025	University Campus
15.	WUSHU (M/W)	Last week of July 2025	University Campus
16.	BASKET BALL (M/W)	2 <sup>nd</sup> Week of Aug 2025	University Campus

17.	HANDBALL (M/W)	3 <sup>rd</sup> week of Aug 2025	GCOPE Ganderbal
18.	RAFTING (M/W)	3 <sup>rd</sup> Week of Aug 2025	Wusan Ganderbal
19.	KAYAKING / CANOEING (M&W)	3 <sup>rd</sup> Week of Aug 2025	University Campus
20.	KHO-KHO (M/W)	1 <sup>st</sup> week of Sept 2025	University Campus
21.	PENCAK SILAT (M/W)	2 <sup>nd</sup> week of Sept 2025	University Campus
22.	TAEKWANDO (M/W)	Last week of Sept 2025	University Campus
23.	FENCING	Last week of Sept 2025 (Subject Availability of Equipments)	University Campus
24.	BASEBALL (M/W)	1 <sup>st</sup> Week of Oct 2025	University Campus
25.	SOFTBALL (M/W)	2 <sup>nd</sup> week of Oct 2025	University Campus
26.	WEIGHT LIFTING /PWER LIFTING (M/W)	3 <sup>rd</sup> week of Oct 2025	University Campus
27.	QWAN KI DO (M/W)	1 <sup>st</sup> week of Nov 2025	University Campus
28.	JUDO (M&W)	1 <sup>st</sup> week of Nov 2025	University Campus

### Other Programmes to be conducted by the Directorate

1.	Celebration of International Sports Day	06 <sup>th</sup> April 2025	University Campus
2.	Workshop on Track marking	21st to 23rd May 2025	University Campus
3.	International Seminar on Yoga	19th to 21st June 2025	University Campus
4.	One day Workshop on Physiotherapy	09th July 2025	University Campus
5.	Mountaineering Course/Workshop	10th -16th July 2025	University Campus
6.	Nutrition Diet Workshop	3rd -4th Aug 2025	University Campus
7.	Gym Instructuion Programme	20th & 21st Aug 2025	University Campus
8.	Workshop Health & Fitness	27th & 28th Aug 2025	University Campus
9.	National Sports Day	29th Aug 2025	University Campus
10.	Counseling sessions on various issues by leading psychiatrist's & renowned doctors	11th Sept 2025	University Campus

11.	Trekking Programme (Men/Women)	13th -21st Sept 2025	To be decided
12.	Snow Trekking Programme (Men/Women)	02-Feb 2026	Gulmarg
13.	Snow Skiing	25th Feb 2026	Gulmarg

*Siraj Singh*  
COORDINATOR

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