



DIRECTORATE OF PHYSICAL EDUCATION & SPORTS
UNIVERSITY OF KASHMIR
NAAC ACCREDITED GRADE "A+"
HAZRATBAL SRINAGAR, KASHMIR-190006

email: directorsports@uok.edu.in

5.1.3	Following Capacity development and skills enhancement initiatives are undertaken by the institution (5)	
1.	Soft skills	Yes
2.	Language and communication skills	Yes
3.	Life skills (Yoga, physical fitness, health and hygiene, self-employment and entrepreneurial skills)	Yes
4.	Awareness of trends in technology	Yes

work order generated.
Sl. no: 12325/26-03-24 Rs 3000/-

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Notes

No. F/Workshop-DPE&S/KUZA
Dated:- 14/03/2024

①

Subject: Proposal for basic life support workshop.

In the light of application submitted by students of M.P.Ed 4th semester, regarding Basic Life support workshop, in this regard the Directorate of Physical Education and Sports is intent to organise said workshop on 18th March 2024,. In this workshop two experts will be invited to teach basic skills/ techniques of BSL to all students of MPED.

The expenditure of said workshop will be debt to budget head "Intramural" allocated for the financial year 2023- 2024. The tentative expenditure and details of students is attached separately.

Submitted for approval

Praveen J R
Mandeep Nathyal

Director
Physical Education and Sports

Surjeet Singh
Dr Surjeet Singh
Assistant Professor

Content in subject Register
at Page no- 29 S.No- 03

②

The Directorate has successfully conducted one day workshop on 18-03-2024 with the theme basic life support. In this regard the Directorate engaged the following experts for the smooth conduct of the workshop.

1. Dr. Syed Inayat Hussain Rs 1500/2
G.D.C. Bemina
2. Mrs. Jagan Hussain Malik Rs 1500/2
Govt College Physical education Hazratbal.

It is here by submitted kindly
authorize an amt of Rs 3000/- (three)



DIRECTORATE OF PHYSICAL EDUCATION & SPORTS

UNIVERSITY OF KASHMIR

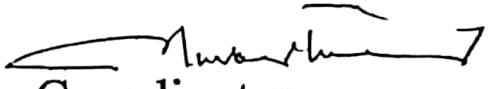
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email: directorsports@uok.edu.inDr. Musevir Ahmad
Coordinator/DPE&S

Notice

The office of Program Coordinator National Service (NSS) in collaboration with Directorate of Physical Education & Sports is organising an event to observe International Day of Yoga 2023 on 21st of June 2023 at 7:00 am around Athletic track of Ground B. Bonafide students of University of Kashmir & Satellite Campuses who are interested to join the event are directed to register themselves by submitting the registration form (enclosed herewith) duly forwarded by Head of the Department. Students are exhorted to bring their own Yoga mats to the Venue. The students will be provided refreshment & participation certificate by the organisers.


CoordinatorNo. F (Int – Yoga Day)DPE&S/2023
Dated 16-06-2023

Copy to the :

- All Heads / Directors/ Coordinator of various Departments/ Campuses/Centres for information and necessary action.
- S.S to HVC for information of HVC.
- P.S to Registrar for kind information of the Registrar.
- File.



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FTS No.- KU-2022-PEDS-_____
Date:- _____

No:F(Work shop/DPE&S)KU /2022
Dated: 17-06-2022

NOTICE

It is for the information of all students of M.Ped programme that Directorate is going to organize two day workshop on Yoga & Wellbeing from 20-06-2022 to 21-06-2022. As such all students are directed to attend the said workshop. Moreover class work and examination will remain suspended during the said workshop.


Director

 Physical Education & Sports



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NOTICE

It is for the information of all HODs/ Directors/Coordinators of various Departments/Campuses/Centres of University of Kashmir that the Directorate of Physical Education & Sports is going to celebrate International Yoga Day 2022 on 21-06-2022.

In this connection, you are requested to nominate 01 male and 01 female students of your department to participate in the event.

DIRECTOR

Physical Education & Sports

No.F(Yoga-day-DPE&S)KU/22
Dated:- 17-06-2022

Copy to the:-

1. All HOD'S/Directors/Coordinators for information and necessary action.
2. SS to the Hon'ble Vice-Chancellor for kind information of the Hon'ble Vice-Chancellor.
3. P.S. to Registrar for kind information of the Registrar.
4. File.