

Directorate of Physical Education & Sports

**University of Kashmir
Hazratbal, Srinagar, 190006**



VISION

We envision to cultivate a dynamic sports culture that promotes holistic development, excellence, and inclusivity.

MISSION

Our mission is to produce world class athletes, encouraging lifelong fitness habits, and integrating sports with academics in tune with NEP 2020 to create robust individuals capable to contribute in Nation building.

CORE VALUES

1. Excellence in Performance: Pursuing excellence in sports and physical education.
2. Holistic Development: Fostering physical, mental, and emotional growth.
3. Sportsmanship: Promoting fair play, respect, and integrity.
4. Inclusivity and Accessibility: Encouraging participation for all.
5. Innovation and Progress: Embracing new approaches and technologies.

These values emphasize the directorate's commitment to student development, fair play, and innovation.

DOMAIN OF THE DIRECTORATE

The Directorate of Physical Education and Sports functions across two primary domains:

SPORTS

- **Sports Activities:** The Directorate of Physical Education & Sports conducts various sports events, including:
 - ❖ **Inter Department Tournaments:** For students within the University Departments.
 - ❖ **Inter College Tournaments:** For students of University & affiliated Colleges of University.
 - ❖ **North Zone/All India Inter University Tournaments:** Participation of University teams in North Zone/All India Inter University Tournaments and Hosting prestigious tournaments at the National Level.

These events cater to University students, affiliated college students, faculty members and community members. The Directorate's efforts promote sports development, teamwork, and community engagement.

- **Coaching Camp:** Specialized coaching camps are conducted round the year for student-athletes from Departments and affiliated colleges of University across multiple sports disciplines.

ACADEMICS

- **Masters Program:** The Directorate offers a two-year Masters program in Physical Education (M.P.Ed.), equipping students with advanced knowledge in sports sciences, training and methodologies, physical education.
- **Ph.D. Program:** The Directorate offers a Ph.D program for students interested in research and academic pursuits in the field of physical education and sports sciences.

FACULTY/OFFICER

Name	Designation	Specialization
Dr. Surjeet Singh	Coordinator	Sports Training, Hockey, Athletics
Dr. Jigmat Dachen	Assistant Professor (Deputed to UOL)	Research Methodology, Archery
Dr. Basharat Ali	Assistant Director	Health Education, Volleyball
Dr. Nadeem Ah Dar	Assistant Director (Deputed to SAI)	Exercise Physiology, Cricket
Mr. Tawseef Ahmad	Assistant Director	Biomechanics, Athletics
Dr. Naseer Bashir	Assistant Professor	Kinesiology
Dr. Iftikhar Wani	Assistant Professor	Research Methodology
Dr. Iqbal Kabir	Assistant Professor	Sports Training & Sports Management

TECHNICAL STAFF

Name	Designation	Specialization
Dr. Harbinder Singh	Hockey Coach	Hockey
Mr. Sajid Yousuf Dar	Football Coach	Football
Ms. Sakeena Akhter	Cricket Coach	Cricket
Mr. Sheikh Adil	Gymnasium Coach	Gym
Mr. Amjad Qadir	Cricket Coach	Cricket
Mr. Muneer Aalam	Volleyball Coach	Volleyball
Ms. Surjeet Kour	Lady Sports Assistant	Kabbadi, Kho Kho, Handball
Mr. Inam Ul Haq Gani	Physiotherapist	Ortho-Neuro

FACILITIES AVAILABLE WITH THE DIRECTORATE

Sr.no	Facility	Quantity
1.	Youth Sports Hostel	01no.
2.	Gymnasium	03no.s
3.	Hockey Field	01no.
4.	Volleyball Court	02no.s
5.	Cricket Field (Turf and Matting)	02no.s
6.	Synthetic Athletic Track	01no.
7.	Cricket Practice (Nets)	03no.s
8.	Physiotherapy Centre	01no.
9.	Football Ground (Natural)	01no.

10.	Recreation Hall	01no.
11.	Yoga Centre	01no.
12.	Handball Court	01no.
13.	Kho Kho Court	01no.
14.	Table Tennis	03no.s
15.	Baseball (Natural)	01no.
16.	Kayaking & Canoeing	10sets
17.	Rugby	01no.
18.	Adventure Club	01no.
19.	Boat Hanger (Aquatic Sports Facility)	01no.

The Directorate of Physical Education & Sports seems to be actively involved in various initiatives, including:

Tournament	Participants
Inter Department	Students of all teaching departments/centres/campuses (52 Teaching Departments, 04 Campuses)
Inter College	Students of all affiliated colleges of University (80 Affiliated Colleges of Kashmir Division)
All India Inter University	Students of all teaching departments/centres/campuses of University and affiliated colleges
Workshops/Coaching camps	Workshops and coaching camps are being organised round the year to keep athletes abreast with latest techniques.
Adventure Sports Aquatic Sports Winter Sports	Students of all affiliated colleges of University (80 Affiliated Colleges of the Valley)

Events Organised

Aquatic Sports Activities

- ◉ White Water Rafting
- ◉ Swimming
- ◉ River Crossing
- ◉ Kayaking & Canoeing
- ◉ Dragon Boat

Adventure Sports

- ◉ Rock Climbing
- ◉ Trekking & Mountaineering
- ◉ Hiking
- ◉ Camping

Snow events

- ◉ Skiing
- ◉ Football
- ◉ Volleyball
- ◉ Hockey
- ◉ Snow Festival
- ◉ Snow Boarding
- ◉ Snow Shoe Run
- ◉ Cross Country



Contact

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